


MAINE RESOURCE

Maine Official Doors Packet

A printable family tool for safety checks, organization, communication, school or provider coordination, and support-first planning.

<p>You may be here because Things feel urgent, confusing, tense, or scattered, and you need one safe first step instead of trying to fix everything at once.</p>	<p>This guide helps you A printable family tool for safety checks, organization, communication, school or provider coordination, and support-first planning.</p>
<p>First safe step Check safety first. Then pick one task you can complete today: a call, a folder, a note, or a support request.</p>	<p>This is not This does not replace 911, crisis help, legal advice, medical or mental-health care, safety planning, official forms, or current local verification.</p>

Safety first: Immediate danger belongs with 911. Call or text 988 for crisis support. Maine Crisis Line: 1-888-568-1112. If abuse, coercive control, stalking, or fear may be present, use a safe device and trusted support before joint communication, counseling, or mediation.

<p>Current online version and related tools https://focaf.jtforme.com/resources/</p>	
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Review without private family details

Helpful review improves wording, safety, due process, implementation, and clarity. It should not include private child or case facts.

- Name the section or topic you are reviewing.
- Explain the issue in policy or process terms.
- Suggest safer or clearer wording.
- Flag safety, abuse, coercive-control, constitutional, or implementation concerns.
- Keep child names, medical details, allegations, and confidential records private.

Child-centered note for Maine Official Doors Packet: Save only what helps with safety, stability, school, health, routines, support, or the next clear step.

Reviewer note template

Use this for your own draft before sending review notes.

Topic or section reviewed	
Suggested improvement	
Reason it helps families or children	
Safety or due-process concern	
Source or official link	

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Official help reminders

These pages are not substitutes for urgent help or official procedures.

Need	Where to start
Immediate danger	911
Mental-health crisis	988 or Maine Crisis Line
Resource navigation	211 Maine
Legal forms or procedure	Maine Judicial Branch or legal aid
Counseling or support	Qualified local provider or school/care team

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Keep personal details private

Use these pages for your own planning. Share sensitive details only with trusted helpers, qualified professionals, official agencies, legal counsel, or emergency/crisis support when needed.

- Do not put child names, medical records, sealed records, confidential court materials, or private allegations into broad emails, social media, or untrusted forms.
- Store sensitive documents somewhere safe.
- Ask a qualified professional or official office when safety, health, legal process, or deadlines are involved.
- Use general review notes only for wording, policy, process, safety, clarity, and implementation suggestions.

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Before you stop

Pick one next step that is safe, realistic, and helpful.

One thing I can do today	
One support door to check	
One document or note to organize	
One person or provider to update	
One thing to leave for later	

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